

Sample Prayers of Thanks Based on Scripture

Thank God for who He is:

1 John 4:8-10 “God is love. This is how God showed His love among us: He sent his one and only Son into the world that we might live through Him. This is love: not that we loved God, but that He loved us and sent His Son as an atoning sacrifice for our sins.”

Thank You, God, that You are unconditional love; that it is an integral part of Your Being, thus You can never NOT be loving. And the proof of Your love was graphically demonstrated when You sent Jesus into this world to become one of us. He came, not as a rich king with all the advantages and comforts that offers, but He came as a poor carpenter who had to work with His hands to put food on the table. So, You even understand what it is to struggle just to survive. You understand what it is like to be misunderstood, rejected, humiliated, beaten, tortured, and brutally murdered. Thank You, Jesus, for being willing to go through all of that to give me the chance to live with You in heaven where there will be no more sin, no more pain, no more crying and no more death. Even more incredible is that You didn't do this because I was so worthy and loved You so much. You did it before I was even alive. You did it because You love me more than Your own life. Thank You for Your overwhelming love.

Psalms 145:8 The Lord is merciful and compassionate, slow to get angry and filled with unfailing love.

Thank You, Father God, Jesus, and Holy Spirit that you are so merciful and compassionate toward me. Thank You that You are slow to get angry with me. Thank You that even when I repeatedly offend You, sin repeatedly, You are slow to get angry. Thank You that You are filled with unfailing love; love that never wears out, never dies, never fails. Thank You that no matter what, I can rest assured that You love me.

Thanking God for who I am in Him:

John 10:28-29 “And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand. My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of My Father's hand.”

Thank You, Jesus, that You have given me eternal life and that I will never perish. Thank You that You are holding me in the palm of Your hand, and no one can snatch me out. And, Almighty Father God, thank You that not only have You placed me in Jesus' hands but that You are also holding me in Your hands, which means that absolutely nothing and no one can snatch me out of Your hands, because You are greater and more powerful than anyone or anything.

Romans 8:16-17 The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.

Father God, thank you that You declare to me through the Holy Spirit that I am Your child. And since I am Your child, it means that I am also Your heir. Thank You that I am not an heir like a cousin or a nephew, but I am Your legitimate child and joint heir with Christ, the Son of God. Yes, I may suffer here on earth just as Christ suffered here, but I can rest assured that I will also be glorified with Jesus.